



Personal details – PLEASE COMPLETE ALL INFORMATION IN BLOCK CAPITALS

Surname \_\_\_\_\_ First Name(S) \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Landline \_\_\_\_\_

Mobile \_\_\_\_\_ email \_\_\_\_\_

Nationality \_\_\_\_\_ Passport Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

1<sup>st</sup> Emergency Contact Title (Dr,Mr,Mrs,Ms,) \_\_\_\_\_ First Names \_\_\_\_\_ Last Names \_\_\_\_\_

Relationship \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Landline \_\_\_\_\_

Mobile \_\_\_\_\_ email \_\_\_\_\_

2nd Emergency Contact Title (Dr,Mr,Mrs,Ms,) \_\_\_\_\_ First Names \_\_\_\_\_ Last Names \_\_\_\_\_

Relationship \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Landline \_\_\_\_\_

Mobile \_\_\_\_\_ email \_\_\_\_\_

Where did you hear about Volunteer Uganda? \_\_\_\_\_

Expedition Details

Package e.g. Feb 2010 or July 2010 (see note 1)	Arrival Date (see note 2)	Depart expedition (see note 2)	Cost (see note 3)
1.			£
			(+)
			£
			£

**Notes** 1. Please refer to our published gap packages information 2. Please refer to our travel dates information  
3. Flights and travel insurance are not included

Total cost of package	£
Deposit = £200	£



### Deposit payment

A non-returnable £200 deposit is payable on booking. We accept cash, cheques, and debit cards

- Cash or cheque enclosed (please make cheques payable to **Volunteer Uganda Ltd**)

### Medical Questionnaire

It is essential for us to know of any such condition for planning purposes. The following questions have been developed to provide information that may be helpful in assisting us in any medical situation involving you. With this in mind you are requested to provide all relevant details at this time and to advise us of any changes in your health/fitness between now and the expedition. Please use a separate sheet if necessary. Insurance cover is subject to full disclosure, failure to disclose any pre-existing medical condition may invalidate any insurance. If you are uncertain of any health matter please consult your own doctor before booking.

1. **Do you have or have you ever suffered from the following? If you answer 'yes' to any of the questions please provide further details, use an additional sheet if necessary.** (please circle as necessary)

Epilepsy/fits or blackouts	No	Yes	Heart/chest or lung problems	No	Yes
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Diabetes	No	Yes	Anxiety/depression or eating Disorders or had to see a Psychiatrist	No	Yes
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Recurrent ear or sinus Problems	No	Yes	Blood disorders	No	Yes
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Problems with mobility/ Lifting/carrying	No	Yes	if YES please provide details	_____	
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2. **Do you have asthma?** No Yes

(Please circle if necessary)

If you have so

a) needed hospital treatment for this, please \_\_\_\_\_  
State and provide details

b) needed steroid tablets No Yes

Please list inhalers and  
Other medicines used \_\_\_\_\_

3. **Have you had**

(please circle as necessary)

If you answer 'yes' please

Provide further details

Using an additional sheet.

a) any operations No Yes

b) any serious illness  
Requiring hospital admission No Yes

c) a head injury with loss of  
consciousness No Yes



4. Please list any medicines  
That you take regularly

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5. Please list any allergies  
(eg. nuts/penicillin)

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6. Do you have any specific  
Dietary requirements (eg  
Vegetarian, please circle  
As necessary) if yes please  
Provide further details

No

Yes

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7. Please add any further relevant information that may affect your ability to fully participate in expedition activities

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8. Can you swim 50 metres?

No

Yes

**Security of information and use of images**

To ensure the safe running of our Expeditions we need to use the information given on this form. We take full responsibility for ensuring that proper security measures are in place to protect this information when it is passed to our overseas subsidiary officers and third party suppliers (eg airlines, etc). Any images taken of you whilst on our Expeditions, and images made available to us by you, may be used by us for marketing purposes.

**Declaration**

To the best of my knowledge and belief all information provided on this form is correct and I know and I know of no reason(s) why I should not participate in the Expedition and will not be travelling against medical advice. In signing this form I confirm that I have read and understood the Volunteer Uganda Ltd Terms and Conditions and confirm that I am willing to abide by them. In signing this Booking form I authorise Volunteer Uganda staff to act 'in loco parentis' for the individual named on this form and they are given permission to release the individual from hospital or other similar establishment.

Signed (Parent/Guardian must sign as guarantor if expedition member is under 18 years)

Expedition Member – I have read and  
Understood the declaration above

Date

Parent/guardian – I have read and  
understood the declaration above

Date



### Applicant's Education

The section below helps us find out a bit more about why you would like to join the Volunteer Uganda program. We have limited places so we have to assess that people will be suited to the programme and will be a credit to it. We also want to make sure that our program will be suited to our volunteers. There are no specific entry requirements and every application will be considered. Generally our applications are great and most get a place.

NB: Many applicants are in education or have applied for courses. If this applies to you, just put your intended/ current course and the grade you hope to achieve.

#### Higher Education - A-Level or equivalent.

Grades/

Subject/

#### Further Education

Degree or other further studies

University:

Course:

#### What would you like to get involved with: (put a tick next to those you are most keen on)

Teaching English:	HIV prevention talks:	Running Sports Tournaments
Teaching Science:	Supporting in the Nursery:	Coaching Football:
Running a Drama Club:	Practical work in the Schools	Coaching Netball:
Teaching very basic IT:	Community Practical Work	Running Sports Days:

Lastly, what are your motivations for taking part in Volunteer Uganda? (100-200 words)

Thank you!